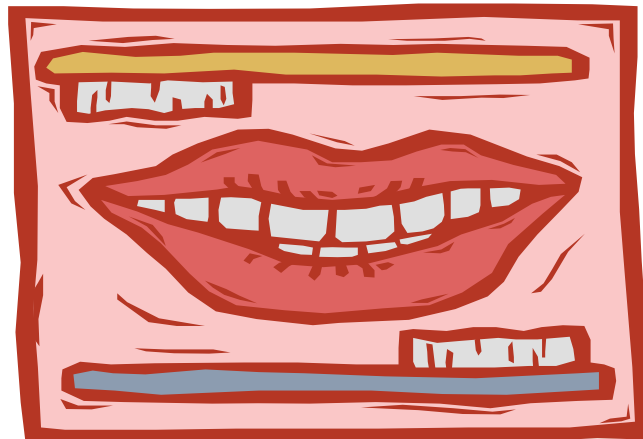


PROJECT Good Oral Health!

A Research Project to Improve Your Oral Health

UConn | SCHOOL OF
DENTAL MEDICINE



The Institute for
Community Research

Our Goals:

- ***Working with volunteer building residents to:***
 - ***Improve oral hygiene***
 - ***Develop and deliver good oral health and hygiene messages to building residents***
 - ***Evaluate whether oral health is really improved over time***



Who We Are

UCONN School of Dental Medicine

Susan Reisine, Ph.D.

Ruth Goldblatt, D.M.D.

Joanna Douglass, D.D.S.

Jamie Grady, Ph.D.

[Hygienist – TBH]



Institute for Community Research

Jean J. Schensul, Ph.D.

Jianghong Li, M.D.

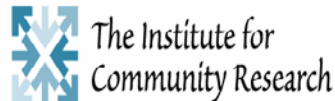
Kim E. Radda, R.N., M.A.

Colleen Foster-Bey, M. Ed.

Zahira Medina, B.A.

Eduardo Robles

Brian Tantillo, B.A.





A large number of Older Adults and People with Disabilities have...

- ***Untreated cavities***
- ***gum disease***
- ***Few or none of their natural teeth***
- ***Fewer visits for dental care***
- ***No dental insurance so they have to pay for their own dental care***





Also...



- ***African American, Puerto Rican and other Hispanic adults have twice as many cavities as non-Hispanic white adults***
- ***People with diabetes are at greater risk for gum disease***
- ***Mouth cancer is more common in adults who use tobacco and drink alcohol***



What Is Oral Health?



**In general,
good oral health means healthy
teeth, gums and mouth**



What is Project GOH about?

- ***Understanding residents' approaches to oral health and hygiene***
- ***Helping residents improve their knowledge, beliefs and behaviors about oral health and hygiene***
- ***Training resident volunteers to teach others about the importance of practicing good oral health***
- ***Evaluating the results***

Project GOH Activities In Your Building

IRB Review
IRB NUMBER: 14-188-6
IRB APPROVAL DATE: 01/17/2018
IRB EXPIRATION DATE: 01/16/2019

1. **Participate in surveys to find out how people take care of their gums and teeth**
2. **Have your mouth examined by a dental hygienist from the UConn School of Dental Medicine**
3. **Work individually with Project GOH staff to understand and improve your own oral hygiene habits**
4. **Participate in oral health education programs in your building with project staff**



Participation in the Study Between (study dates)

*IRB Review
IRB NUMBER: 14-188-6
IRB APPROVAL DATE: 01/17/2018
IRB EXPIRATION DATE: 01/16/2019*

75 people will:

- complete a survey at enrollment, and at two additional times about 7 months apart.***
- have 4 dental assessments, one at enrollment and at three additional times 7 months apart.***
- have an individualized oral health improvement session with a health educator***
- participate in 3 oral health fairs***

Building residents can also join the Good Oral Health Campaign Committee

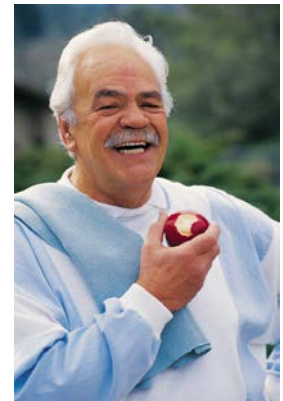
Compensation

- ***You will receive \$15 for each of the four dental assessments for a total of \$60.00 for all four assessments***
- ***You will receive \$15 for completing each of three surveys for a total of \$45.00 for all three surveys***
- ***The total amount that you would receive for participating in all events is \$105***

Once you are in the project it is important to complete all the surveys and assessments.

Benefits to you and other residents:

- *Learning more about how to maintain good oral health*
- *Having the opportunity to share your experiences and opinions with others*
- *Becoming an oral health educator in your building*





**Your
participation
in any of these
activities is
completely
voluntary**



**We all deserve
healthy teeth,
gums and mouths**



We all want a big, bright smile



IRB Review
IRB NUMBER: 14-188-6
IRB APPROVAL DATE: 01/17/2018
IRB EXPIRATION DATE: 01/16/2019

Together we will work to make this happen



Where can you find us?

If you have questions or want additional information, contact:

Colleen Foster-Bey (860-278-2044 X247)

Zahira Medina (860-278-2044 X322)

The Institute for Community Research

2 Hartford Square West, Suite 100

Hartford, CT 06106



IRB Review
IRB NUMBER: 14-188-6
IRB APPROVAL DATE: 01/17/2018
IRB EXPIRATION DATE: 01/16/2019

Thank You

UConn | SCHOOL OF
DENTAL MEDICINE



The Institute for
Community Research