GOH Pre-Intervention Survey Version #2 7 2	2012
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Master ID #: \_\_\_\_\_

## INTERVIEWER - PLEASE READ TO ALL PARTICIPANTS:

This survey is part of a study called "Good Oral Health" that is working with older adults and adults with disabilities to learn about and improve oral health. By oral health I mean the health of teeth, gums and mouth. The results of this study will provide us with important information about what people do about oral health, and any concerns about oral health care, and getting oral health services. Everything you tell me will be kept strictly confidential. There are no right or wrong answers. Your views and experiences are important to us. If you don't understand a question, I will be happy to repeat it for you. If you have any questions, please feel free to ask me now or at any time during the interview.

Interviewer Name		Data	//						
Interviewer Name									
START Time of Interview:	_am/pm 510F	/ i ime:		am/pm					
G.O.H.: Good Oral Health Survey Instrument									
Out	i voy iiio	ti dili							
Building Code:									
NOTE: USE APPROPRIATE LANGUAGE	E VERSIONS.								
Interview Language: (circle number)		English	1						
		Spanish	2						
Participant Gender: (circle number)		Male	1						
		Female	2						
Date of Birth: Month:	Day: _	Ye	ear:	_					
Participant Age:									
	INTERVIEWE	RS: PLE	ASE HAVE P	PARTICIPAN	ITS RESPOND				

TO AS MANY ITEMS AS POSSIBLE. ENCOURAGE THEM TO RESPOND AND NOT SKIP ITEMS.

Master Codes:

-6 = Not applicable (NA)

-7 = Don't know/unsure (DK/U)

-8 = Refused to answer (R)

-9 = Missing data (M)

INTERVIEWER: Were you at the Good Oral Health [GOH] presentation that was held in the community room on: \_\_\_\_\_ [date for building presentation]?

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Yes, for the entire session Yes, for less than half of the session N	es, for most o	of the sessio	on	
DOMAIN 1. DEMOGRAPHIC CHARACTERISTICS				
1.1. Where were you born? (check one)  In the U.S. (Including Puerto Rico, Virgin Isla Outside the U.S.	ands, and oth	er U.S. terri	tories)	
INTERVIEWER: if participant was born in U.S., skip to 1.2. If born outside the U.S., how long have you lived		d States? (y	vears)	
1.3. How long have you lived in this building? (years a 1.4. What racial or ethnic group or groups do you con	and months sider yours	elf to be pa	(years) rt of?	(months)
1.5. Please tell me which one of these most closely m only one of these.	atches how	you think o	of yourself. P	lease answer
Black/African American				
Puerto Rican				
Other Latino (specify):				
West Indian/Caribbean (specify):				
European-American/Caucasian (specify):				
Asian/Pacific Islander				
Native American/American Indian				
Other (including mixed, specify):				-
1.6. What languages do you speak and write?				
	Well (4)	Some (3)	Not well (2)	Not at all (1)
a. You can speak and understand SPOKEN English				
<b>b.</b> You can write in English.				
c. You can read in English.				
d. You speak and understand SPOKEN Spanish.				
e. You can write in Spanish				
f. You can read in Spanish.				
1.7. Do you speak any other languages?Ye	s	_No		

No formal schooling 1  1st through 3rd grade 2  4th – 8th grade 3  Less than high school graduation 4  High school graduate, GED, or equivalent 5  Some college 6  College graduate 7  Post graduate 8  Don't know/Unsure -7  Refused -8  1.10. Have you had any trade or technical training?  No (0) Yes (1) DK/U (-7) Refused (-8)  1.11. Are you now: [INTERVIEWER: Read list, check only one response]  Single (never married) 1  Married/Common law/living as married 2  Separated 3  Divorced 4  Widowed 5  Other 6  Don't know/unsure -7  Refused -8  1.12. Does anyone, other than yourself, live with you in your apartment all the time?	ts, or
1st through 3'd grade	
1st through 3'd grade4th – 8th grade3  Less than high school graduation	
1st through 3'd grade	
4th - 8th grade	
Less than high school graduation 4 High school graduate, GED, or equivalent 5 Some college 6 College graduate 7 Post graduate 8 Don't know/Unsure -7 Refused -8  1.10. Have you had any trade or technical training?  No (0) Yes (1) DK/U (-7) Refused (-8)  1.11. Are you now: [INTERVIEWER: Read list, check only one response]  Single (never married) 1 Married/Common law/living as married 2 Separated 3 Divorced 4 Widowed 5 Other 6 Don't know/unsure -7 Refused -8  1.12. Does anyone, other than yourself, live with you in your apartment all the time?	
High school graduate, GED, or equivalent Some college College graduate Post graduate Post graduate Some college from the college graduate Post graduate Some college from the college graduate Some college graduate Some college from the college graduate Some graduate Some college from the college graduate Some graduate Some college from the college graduate Some graduate Some college from the some graduate Some graduate Some college from graduate Some graduate Some college from graduate Some college from graduate Some college from graduate Some graduate Some college from gradu	
Some collegeCollege graduate 7Post graduate 8Don't know/Unsure7Refused8  1.10. Have you had any trade or technical training? No (0)Yes (1)DK/U (-7) Refused (-8)  1.11. Are you now: [INTERVIEWER: Read list, check only one response] Single (never married)	
College graduate Post graduate Post graduate Refused  No (0) Yes (1)  College graduate Post graduate	
Post graduate Don't know/Unsure Refused  No (0) Yes (1) DK/U (-7) Refused (-8)  I.11. Are you now: [INTERVIEWER: Read list, check only one response]  Single (never married) Married/Common law/living as married Separated Separated Single (never defined de	
Don't know/Unsure 7 Refused -8  1.10. Have you had any trade or technical training?  No (0) Yes (1) DK/U (-7) Refused (-8)  1.11. Are you now: [INTERVIEWER: Read list, check only one response]  Single (never married)	
Refused -8  I.10. Have you had any trade or technical training?  No (0) Yes (1) DK/U (-7) Refused (-8)  I.11. Are you now: [INTERVIEWER: Read list, check only one response]  Single (never married) 1 Married/Common law/living as married 2 Separated 3 Divorced 4 Widowed 5 Other 6 Don't know/unsure -7 Refused -8  I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
No (0)Yes (1)DK/U (-7)Refused (-8)  I.11. Are you now: [INTERVIEWER: Read list, check only one response] Single (never married)	
I.11. Are you now: [INTERVIEWER: Read list, check only one response]  Single (never married) 1 Married/Common law/living as married 2 Separated 3 Divorced 4 Widowed 5 Other 6 Don't know/unsure -7 Refused -8  I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
Single (never married)  Married/Common law/living as married  Separated  Separated  Divorced  Widowed  Other  Pon't know/unsure  Refused  Separated  4	
Married/Common law/living as married 2 Separated 3 Divorced 4 Widowed 5 Other 6 Don't know/unsure -7 Refused -8  I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
Married/Common law/living as married 2 Separated 3 Divorced 4 Widowed 5 Other 6 Don't know/unsure -7 Refused -8  I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
Separated 3 Divorced 4 Widowed 5 Other 6 Don't know/unsure -7 Refused -8  I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
Divorced	
Widowed 5 Other 6 Don't know/unsure -7 Refused -8  I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
Other 6 Don't know/unsure -7 Refused -8  I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
Don't know/unsure -7 Refused -8  I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
Refused -8  I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
I.12. Does anyone, other than yourself, live with you in your apartment all the time?	
No Yes	
NTERVIEWER: If no skip to question 1.13.	
1.12a. If yes, who lives with you <u>all</u> of the time? (Check all that apply)	
Spouse or partner	
Adult children	
Other adult relatives	
Children, grandchildren or other relatives	
under the age of 18	
Other (specify):	

**INCOME** 

1.13. Now I am going to ask you about your sources of income. Do you receive any income from any of the following sources?

	·	No (0)	Yes (1)	DK/Unsure (-7)	Refused (-8)
a.	Full time employment				
b.	Part time employment				
C.	Social Security				
d.	Pension				
e.	Disability				
f.	Food stamps				
g.	General assistance				
h.	Contributions from family				
i.	Selling services, food etc. (hustling)				
j. (	Other (specify)				

1.14. What is your TOTAL monthly income from ALL sources before any expenses? (INTERVIEWER: Help resident with the math if necessary)
\$
1.15. How much do you worry about money? (circle)
Not at all (4)A little (3) Some (2) A lot (1)
1.16. How well does your current income meet your basic needs (food, medication, rent, etc.)?
Not well at all (1)Pretty well (2)Well (3)Very well (4)
DOMAIN 2. RESOURCES
2.1. Do you have a working phone?Yes No
2.1a. If yes, can you be reached on that phone at any time?All the timeSometimes Never
INTERVIEWER: If participant has a phone, skip to 2.3. If no, go to 2.2.
2.2. If you do not have a working phone, how often do you have access to a working phone?
All the time Sometimes Only for emergencies
2.2.a Can you be reached on that phone at any time?
YesNo
2.3. Do you have transportation whenever you need it?
Yes No
2.4. DAILY LIVING ACTIVITIES
The following questions ask about activities you might do during a <b>typical day</b> . For each activity, please tell m if you are able to do it without help (by yourself), with help, or not able to do it at all.
No Linable Don't

Refused

				ı		
Do	you need help with?					
a.	Walking across a small room?	0	1	2	-7	-8
b.	Bathing: either a sponge bath, tub bath, or shower?	0	1	2	-7	-8
C.	Personal grooming, like brushing hair, or washing face?	0	1	2	-7	-8
d.	Dressing, like putting on a shirt, buttoning and	0	1	2	-7	-8
	zipping, or putting on shoes?					
e.	Eating, like holding a fork, cutting food, or drinking	0	1	2	-7	-8
	from a glass?					
f.	Getting from a bed to a chair?	0	1	2	-7	-8
g.	Using the toilet?	0	1	2	-7	-8
h.	Brushing your teeth or cleaning your dentures	0	1	2	-7	-8

# 2.5. How often do you attend programs or activities in your building? (check all that apply)

Bu	ilding Activity	Never (0)	Sometimes (1)	Often (2)	Always (3)	Building does not sponsor (-7)
a.	Food access (Food Share; group meals in your building)					
b.	Health related (blood pressure screenings; hearing examinations; health information, flu vaccinations, eye examinations, exercise programs)					
C.	Tenant Association meetings					
d.	Holidays or other social events					
e.	Activities in the community (outside the building) arranged by the building manager or other organization					

# 2.6 BERKMAN SCALE OF SOCIAL SUPPORT/NETWORKING

		None (0)	1 or 2 (1)	3 to 5 (2)	6 to 9 (3)	10 + (4)	Unknown (-7)
a.	How many close friends do you have, people that you feel at ease with, can talk to about private matters?						
b.	How many of these close friends do you see at least once a month?						
C.	How many relatives do you have, people that you feel at ease with, can talk to about private matters?						
d.	How many of these relatives do you see at least once a month?						

	ow man nce a m	y of these relat onth?	ives do	you see at lea	ıst					
<b>2.6e</b> group		u participate in elp group, or ch					r work gro	oup, religio	ous-conr	ected
		No (0)		Yes (1)	Unknown	-7				
2.6f	About	how often do y Never or almo Once or twice	ost neve	•	etings or serv 0 1	ices?				

Once or twice a month Once a week More than once a week 5	!  -  -	IRB Valid	d from 9/2	4/2012 thi	rough 9/.	3/2013
	None (0)	1 or 2 (1)	3 to 5 (2)	6 to 9 (3)	10 + (4)	Unknown
s there someone available to give you good						
there someone available to you who shows you	ı					
motional support (talking over problems or						
o you have as much contact as you would like with someone you feel close to, someone in whor	n					
mation about health problems and how to handle  Number DK  Who do you go to for health information in this l  Other Residents Managers	e them, not obtained the state of the state	counting t	•		ers who	work
• • • • • • • • • • • • • • • • • • • •	•			on about h	nealth pro	oblems
What type of medical health insurance cover  a Medicaid b Medicare	age do you		ask each	, check a	II that a	pply)
	Every few months Once or twice a month Once a week More than once a week Unknown  Statere someone available to you whom you can bount on to listen to you when you need to talk? Statere someone available to give you good advice about a problem? Statere someone available to you who shows you can affection? Can you count on anyone to provide you with emotional support (talking over problems or nelping you make a difficult decision)? On you have as much contact as you would like with someone you feel close to, someone in whor you can trust and confide?  BUILDING LEVEL SOCIAL SUPPORT  How many people who live in this building do you mation about health problems and how to handle?  Number DK  Who do you go to for health information in this limit was a people who come to provide services in No one  How many people who live in the building do you have a managers People who come to provide services in No one  How many people who live in the building do you have many people who live in the building do you have a managers People who come to provide services in No one  How many people who live in the building do you how to handle them not counting the managers of No one  How many people who live in the building do you how to handle them not counting the managers of No one  Medicaid b Medicaid Decirity Medicaid Decirity Medicare Cector Trivate/Supplemental (AARP, Each Private/Supplemental (AARP)	Every few months 2 Once or twice a month 3 Once a week 4 More than once a week 5 Unknown -7    None (0)	Every few months 2 Once or twice a month 3 Once a week 4 More than once a week 5 Unknown -7  Sthere someone available to you whom you can count on to listen to you when you need to talk? sthere someone available to give you good divice about a problem? sthere someone available to you who shows you cove and affection?  Can you count on anyone to provide you with emotional support (talking over problems or nelping you make a difficult decision)?  Do you have as much contact as you would like with someone you feel close to, someone in whom you can trust and confide?  BUILDING LEVEL SOCIAL SUPPORT How many people who live in this building do you think other resider mation about health problems and how to handle them, not counting to make a make you go to for health information in this building?  Other Residents Managers People who come to provide services in the building No one  How many people who live in the building do you talk to if you need how to handle them not counting the managers or others who work the note of making the managers or others who work the Number DK  MAIN 3. HEALTH INSURANCE AND PHYSICAL HEALTH CARE  What type of medical health insurance coverage do you have? (a a Medicare	Every few months 2 Once or twice a month 3 Once a week 4 More than once a week 5 Unknown -7    None (0)   1 or 2 (1)   3 to 5 (2)	Every few months 2 Once or twice a month 3 Once a week 4 More than once a week 5 Unknown -7    None (0)   1 or 2 (1)   3 to 5 (2)   6 to 9 (3)	Every few months 2 Once or twice a month 3 Once a week 4 More than once a week 5 Unknown -7    None (0)

3.2. Where do you USUALLY go for medical health care? (check one)

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3.3. In general, how would you rate you	r overall phy	sical health? (circle)				
Poor (1) Fair (2) _		` '	E	xcelle	nt (5)	
3.4. CES-D 10 ITEM						
INTERVIEWER: Use the provided scoring	g criteria. <u>No</u>	ote that items d. and g.	are re	verse	-scored.	
INTERVIEWER: I'm going to read you a						
Please tell me, <u>during the past week</u> , ha YES or NO	ve you felt or	r behaved in any of the	se wa	ys? P	lease ansv	wer
TES OF NO						
Desires the most small			No	Voc	DK/Unsure	Dofuses
During the past week,			No	Yes		Refused
a. Have you felt depressed?			0	1	-7	-8
<b>b.</b> Have you felt that everything you did we	as an effort?		0	1	-7	-8
c. Was your sleep restless?			0	1	-7	-8
d. Were you happy?			0	1	-7 -7	-8
e. Have you felt lonely?						-8
f. Were people unfriendly?			0	1	-7	-8
g. Have you enjoyed life?			1	0	-7	-8
h. Have you felt sad?			0	1	-7	-8
i. Have you felt that people disliked you?			0	1	-7	-8
j. Have you felt that you could not get "go	oing		0	1	-7	-8
Total CES-D Score (Total of "1s")						
DOMAIN 4. ORAL HEALTH CARE  4.1. Self-rating of oral health: How would you rate the overall health of you Excellent (4) Good (3)  4.2. Where do you USUALLY go for regular to the control of th	Fair	(2) Poor (1)				
					-	
a Hospital-based clinic	Which?					
<ul> <li>b Community health center</li> <li>c Private dentist's office</li> </ul>	Which?					
dHospital Emergency room	Which?					
e Other (specify):						
fNowhere						
4.3 If you have a dental/oral emergency,	where do yo	ou go? (check one and i	indica	te wh	ich)	
<u> </u>	-	•			•	
<ul><li>a Hospital-based clinic</li><li>b Community health center</li></ul>	Which?					
<b>c.</b> Private dentist's office	Which?					-

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	Which?
e Other (specify):	
_	, was it for a checkup, a problem that was treated, a checkup me time, or an emergency? (Check one).
and a problem that was trouted at the se	inio, ci an omorgonoy i (oncon onc).
<b>a.</b> a checkup (1)	
<b>b.</b> a problem that was treated	(2)
<ul><li>c a checkup and a problem the</li></ul>	nat was treated (3)
<b>d.</b> an emergency (4)	
4.5. Has your doctor or other health car	e provider ever asked you about your oral
health, teeth, or gums or looked inside	
	· · · · · · · · · · · · · · · · · · ·
YesNo	
100100	
4.6. When was the last time you visited t	the dentist?
in the past 6 months (5)	6 months – 1 year ago (4) 1-2 years ago (3)
more than 2 years (2)	Never been to a dentist (1)

4.7. INTERVIEWER: I'm going to read a list of possible reasons that prevent people from going to the dentist. For each reason, please tell me how true this is for you. (This gets around the previous wording that combines a yes/no question with the "how trus" scale.)

		Very True (1)	Somewhat True (2)	Not very true (3)	Not true at all (4)
a.	You haven't had any problems with your teeth or gums	11000 (1)			(.,
b.	You don't have dental insurance				
C.	You can't afford to go to the dentist				
d.	You don't have time to go to the dentist				
e.	You don't have transportation or a way to get to the dentist				
f.	You don't have a dentist				
g.	You can't find a dentist who takes Medicaid				
h.	You could not get an appointment				
i.	You don't know why, you just haven't gone				
j.	You can't find a dentist who speaks your language				
k.	Going to the dentist is painful				
I.	You're afraid they might not clean the instruments properly				
m.	You're afraid they might pull out all your teeth				
n.	You don't like the loud noise of the drill				
Ο.	You think they won't take into consideration your other health				
	problems or medications				
p.	You think they will knock you out without your knowing it				
q.	You think the dentist won't be careful enough				
r.	You're afraid the dentist won't listen to your concerns				
S.	You don't like needles				

4.8. Has a dentist or dental hygienist ever said you have gum disease (pyorrhea)?

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Yes (1)	No (0)	DK/U (-7)	
4.9. If yes, how long ago wer	e you told that you h	ave gum diseas	se(pyorrhea)?
Less than 1 year _	1 – 2 years	3 – 5 years	More than 5 years ago
4.10. Have you ever had any scaling and root planing?  —— Yes		/ for gum disea	se (pyorrhea) called deep cleaning o
4.11. Do you have natural ted	eth (including crowns	s or caps but no	ot implants)?
Yes If ye	No s, how many do you h	ave?	
4.12. How many of your adult	(permanent) teeth, i	ncluding wisdo	m teeth, have been removed?
None (5)	Between 1 and 4 (4	<u> </u>	_ Between 5 and 8 (3)
More than 8 teeth b	out not all (2)	All (1)	_ DK/U (-7)
4.13. Do you have any partial	s or complete dentur	es?	
Yes	No		
<b>4.12</b> a. if	yes, which: pa	artials de	entures
4.14. Do you have any dental	implants?		
Yes	No		
DOMAIN 5. PREVENTIVE DE For those with teeth (includi			
5.1. How often do you brusl	_		
Never (6)	Once a wee	ek (5)	_ A few times a week (4)
Once a day (3)	Twice a day	· (2)	_ More than 2 times/day (1)
5.2. Do you use toothpaste?			
<b>5.2a.</b> Yes _	No		
Type of t	oothpaste		_
<b>5.2b.</b> If no, what	do you use?		
<b>5.2c.</b> Do you use	e anything else to clea	n your teeth?	

5.3. How often do you brush your teeth before you go to sleep?

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Always Sometin	nes	_ Never			
5.4. How often do you floss your teeth (	use dental floss)?				
Never (1)Once a w	veek (2)	_ A few times	s a week (3)		
Once a day (4) Twice a					
5.4a. Do you clean between your	teeth with someth	ning else? _	YesN	lo	
5.4.b. If yes, what do you	use?		_		
5.5. How often do you use mouthwash of	or dental rinse?				
Never (1)C	nce a week (2)	A fe	ew times a w	eek (3)	
Once a day (4) 1	wice a day (5)	Moi	re than 2 tim	es/day (6)	
For people with dentures/partials:					
5.6. How often do you clean your dentu	res/partials?				
Never (1)C	nce a week (2)	A fe	ew times a w	reek (3)	
Once a day (4) 1	wice a day (5)	Moi	re than 2 tim	es/day (6)	
<ul> <li>5.7. What do you use to clean your dental and the second of the</li></ul>	remove your dentu (2) A few time	ures/partials es a week (3)	<b>before you</b> ever	<b>go to slee</b> y night (4)	
	Never (0)	Only once (1)	2-3 times a day (2)	4-5 times a day (3)	more than 5 times a day (4)
a. Drink fruit juice					
b. Eat sweet snacks (cookies, pastries, ca	• /				
c. Eat starchy snacks ( crackers, bread, c	:hips)				
d. Suck on hard candies	- ( ! l- (				
e. Drink or eat sweets, starch or fruit juice	at night				
after you brush your teeth					

5.10 How important do you think the following behaviors are:

		Very important (1)	Somewhat important (2)	Not very important (3)	Not at all important (4)
Fo	r all participants:				
a.	Visit the dentist once a year				
	For people with teeth				
b.	Brush your teeth at least once a day				
C.	Brush with fluoride toothpaste				
d.	Floss or clean between teeth at least once a day				
e.	Check for sores in the mouth				
	For people with partials/dentures				
f.	Remove dentures/partials at night				
g.	Soak dentures/partials in water over night				
h.	Clean dentures/partials				
i.	Clean gums with gauze or facecloth				

# **5.11 DRY MOUTH -**

Ple	Please answer yes or no to the following questions.		
a.	Does your mouth feel dry at night or on wakening?		
b.	Does your mouth feel dry at other times of the day?		
C.	Do you keep a glass of water by your bed?		
d.	Do you sip liquids to aid in swallowing dry foods?		
e.	Does your mouth feel dry when eating a meal?		
f.	Do you have difficulties swallowing any foods?		
g.	Do you chew gum daily to relieve oral dryness?		
h.	Do you use hard candies or mints daily to relieve oral dryness?		

5.12. Does the amount of sa	liva in your mouth seem to be	:
Too little	Too much	You don't notice
DOMAIN 6. ORAL HEALTH I	NFORMATION ACCESS	

# 6.1. Where do you get most of your information about oral health ?

a.	Newspapers/magazines	
b.	TV/radio	
C.	Building residents	
d.	Family members	
e.	Visiting nurses	
f.	Dentist/hygienist	
g.	Internet	
h.	Health educators that visit the	
	building	
i.	Friends outside of the building	
j.	Building staff	
k.	Other	

# 6.2. Have you ever advised anyone in the building to go to a dentist?

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	wilding about brughing and flooring?
anyone in the b	uilding about brushing and flossing?
_ No	
	•

# DOMAIN 7. ORAL HEALTH AND QUALITY OF LIFE Geriatric Oral Health Assessment Index – GOHAI;

ln	the past three months	Never (0)	Seldom (1)	Sometimes (2)	Often (3)	Always (4)
a.	How often did you limit the kinds or amounts of food you eat					
	because of problems with your teeth, mouth, or dentures?					
b.	How often did you have trouble biting or chewing any kinds of					
	food, such as firm meat or apples?					
C.	How often were you able to swallow comfortably?					
d.	How often have your teeth or dentures prevented you from					
	speaking the way you wanted?					
e.	How often were you able to eat anything without feeling					
	discomfort?					
f.	How often did you limit contacts with people because of the					
	condition of your teeth or denture?					
g.	How often were you pleased or happy with the looks of your					
	teeth, gums or dentures?					
h.	How often did you use medication to relieve pain or discomfort in					
	your mouth or around your mouth?					
i.	How often were you worried or concerned about the problems					
	with your teeth, gums or dentures?					
j.	How often did you feel nervous or self-conscious because of					
	problems with your teeth, gums or dentures?					
k.	How often did you feel uncomfortable eating in front of people					
	because of problems with your teeth or dentures?					
I.	How often were your teeth or gums sensitive to hot, cold, or					
	sweets?					

# DOMAIN 8. PERCEIVED RISK OF ORAL HEALTH DISEASE

What are the chances that you will... ( Check box for each response.)

		Very Unlikely (4)	Unlikely (3)	Likely (2)	Very likely (1)
a.	Get cavities?				
b.	Get a toothache?				
C.	Have problems with your gums?				
d.	Develop oral cancer?				
e.	Have to go to the hospital for problems related to your				
	teeth, gums or mouth?				

# GOH Pre-Intervention Survey Version #2 7 2012 $UCHC\ IRB\ Valid\ from\ 9/4/2012\ through\ 9/3/2013$ 9.1. I am going to read a list of statements. Please tell me how much you agree with each statement.

		Strongly Agree (4)	Partly agree (3)	Partly Disagree (2)	Strongly Disagree (3)
a.	If you brush and floss correctly, you expect fewer dental problems		<b>ag</b> • • (•)		<b>3</b> (2)
b.	You believe that you know how mouth sores can be treated				
C.	You believe teeth should last a lifetime				
d.	Only the dentist can prevent cavities and gum disease				
	You believe cavities can be prevented				
f.	If someone showed you how to clean your teeth and mouth, you would be able to practice better oral health care				
	If both parents have had bad teeth, brushing and flossing your teeth will not help to keep them healthy				
	You believe that dentures don't have to be removed during the night				
i.	You believe you know how to floss correctly				
j.	It is not possible to prevent sickness and medicines from destroying teeth				
k.	You believe flossing teeth can help prevent gum disease				
I.	You believe tooth loss is a normal part of growing old				
m.	You believe brushing can prevent cavities				
n.	If you knew the facts about dental disease, you would be able to practice better oral care				
0.	You believe you can remove most of plaque to help prevent cavities and gum disease				
p.	You believe that one way of brushing is just as good as any other				
q.	You believe gum diseases can be prevented				
r.	You believe that you can eat better if you have a healthy, clean mouth				
S.	Even if you take good care of your teeth, they are only going to fall out as you get older				

## **DOMAIN 10. DENTAL KNOWLEDGE**

Ple	ease answer true or false to each of the following statements.	True (1)	False (2)	DK/U (-7)
a.	Sugary foods and drinks may cause cavities			
b.	Cavities and gum disease are caused by an infection in the mouth			
C.	Fluoride disinfects water and makes it safe to drink			
d.	Gum disease that is not treated can cause teeth to fall out			
e.	Fluoride helps prevent cavities			
f.	Dentures need to be removed before going to sleep			
g.	Gum disease is caused by germs in the mouth			
h.	Oral cancer is contagious			

# **DOMAIN 11. SELF-MANAGEMENT FEAR SCALE**

11.1. How worried or embarrassed are you that...

		Very 1	Somewhat 2	Not Much	Not at All
а.	You cannot clean your dentures properly	'		<u> </u>	7
	You can't control your bad breath				
	The medications you are taking may be affecting your teeth				
d.	If you brush your teeth your gums might get irritated				
e.	You don't brush your teeth enough				
f.	When you floss there is bleeding				
g.	You don't brush your teeth properly				
h.	You are not using the correct toothbrush to clean your teeth				
i.	You don't know how to clean your tongue				
j.	You don't know when is the best time to go to the dentist				
k.	If you use mouthwash it might dry out your mouth				
I.	Your mouth feels dry all the time				
m.	If you take your dentures out you could lose them				
n.	You might have to get dentures ir false teeth made from dead men's				
	teeth so you keep your bad teeth				
Ο.	If you go to the dentist you might get a mouth or tooth infection or				
	cancer				
p.	You can't clean the teeth in the back of your mouth and they might				
	rot				
	Your teeth may keep you from having friends or socializing				
r.	Your bad teeth are keeping you from eating foods that will keep you				
	healthier				
S.	Your teeth get discolored and you can't keep them white				
t.	When you try to brush you feel pain				
	When you put your dentures in it hurts				
	When you brush your teeth you feel your tooth hurts				
w.	You avoid brushing your teeth because they are sensitive				

## 11.2. Fears of Oral Health

#### You are afraid...

		Very 1	Somewhat 2	Not Much 3	Not at All 4
a.	That bleeding gums may be a serious problem				
b.	You cannot clean your dentures properly				
C.	Of losing your teeth				
d.	Of oral cancer				
e.	That problems with your teeth and gums might affect your general				
	health				

#### **DOMAIN 12. HEALTH STATUS AND HOSPITALIZATIONS**

Now I'm going to ask you about your physical health. What health problems do you have that have been DIAGNOSED BY A DOCTOR OR HEALTH PROFESSIONAL.

INTERVIEWER: If resident says "yes" – ask "b" and "c" before moving to next health problem.

Health Problem		osed h?	Does the keep you fi Norma activit	om doing I daily ties?	Have yo hospita because probl c	alized of the
a. Diabetes	Yes	No	Yes	No	Yes	No
<b>b.</b> Arthritis	Yes	No	Yes	No	Yes	No
c. Heart disease	Yes	No	Yes	No	Yes	No
d. High blood pressure	Yes	No	Yes	No	Yes	No
e. Lung or breathing problems	Yes	No	Yes	No	Yes	No
f. Glaucoma, cataracts, other serious eye problems	Yes	No	Yes	No	Yes	No
g. Hearing loss	Yes	No	Yes	No	Yes	No
h. Cancer (any)	Yes	No	Yes	No	Yes	No
i. Problems from stroke	Yes	No	Yes	No	Yes	No
j. Serious problems with digestion/stomach problems	Yes	No	Yes	No	Yes	No
k. Long term sadness or depression	Yes	No	Yes	No	Yes	No
I. Pneumonia	Yes	No	Yes	No	Yes	No
m. Joint replacement (knee, hip, shoulder)	Yes	No	Yes	No	Yes	No
n. Mental Health	Yes	No	Yes	No	Yes	No
o. Any heart procedures?	Yes	No			Yes	No
Please specify						

## 13. SUBSTANCE USE

## 13.1. ALCOHOL

Day	S	0	1-2	3-5	6-9	10-19	20-29	30	Ref	DK
Code		1	2	3	4	5	6	7	-7	-8
a.	During the past 30 days, on how many days did									
	you have at least one drink of alcohol?									i
b.	During the past 30 days, on how many days did									
	you have 5 or more drinks of alcohol in a row, that									
	is, within a couple of hours?									

## **TOBACCO USE**

13.3. Have you ever used any of the following tobacco products? (INTERVIEWER: Ask "if ever", "in the past 6 months", and "right now".)

		EV	ER	IN PAST 6 MOS.		RIGHT	NOW
		Yes	No	Yes	No	Yes	No
a.	Cigarettes	1	0	1	0	1	0
b.	Cigars	1	0	1	0	1	0
C.	Pipe/Pipe tobacco	1	0	1	0	1	0
d.	Chewing tobacco	1	0	1	0	1	0
e.	Marijuana	1	0	1	0	1	0
f.	Other:	1	0	1	0	1	0

## **DOMAIN 14. INTENTION**

WI	nat is the possibility that	Very Good Possibility (4)	Good Possibility (3)	Slight Possibility (2)	No Possib <u>i</u> lity (1)
For those with natural teeth					
a.	You will brush your teeth at least twice a day?				
b.	You will floss your teeth or clean between your				
	teeth at least once a day?				
C.	You will check your mouth for loose teeth?				
d.	You will check your mouth for sores and broken teeth at least once a week?				
e.	You will visit the dentist in the next year for a check-up and screening for oral cancer?				
For	denture wearers				
f.	You will remove your dentures every night before you go to sleep?				
g.	You will place your dentures in a container of water when you are not wearing them?				
h.	You will check your mouth for sores at least once a week?				
i.	You will clean your mouth daily?				
j.	You will clean your dentures with denture paste or a tablet and a brush every day?				
k.	You will visit the dentist in the next year for a check-up and screening for oral cancer?				
l.	You will check your dentures to see if they fit comfortably?				

#### **DOMAIN 15.MEDICATIONS**

We are almost finished. The last thing I would like to do is write down a list of all the medications you are currently taking, including any over-the-counter or non-prescription medications, vitamins, herbal remedies or supplements. [Interviewer: Ask to see all medication containers and document below. One medication per row]

Medication	Type (tablet, capsule, etc.)	Dosage (amount and times/day)	Expiration date